Findajapper Jindalee

NEWSLETTER JANUARY- MARCH 2025

WITH THE CHANGES OF AUTUMN, JINDALEE HAS SOME CHANGES TOO!!!



WE WOULD LIKE TO WELCOME ALL NEW RESIDENTS AND FAMILIES TO OUR COMMUNITY.

WWW.JINDALEEAGEDCARE.COM.AU 02 62396800

INSIDE THIS ISSUE

- A chat from the Departing Facility Manager
- A chat from the Acting Facility Manager
- Jindalee Housekeeping
- Staff Contact List Conflab with Kath
- Lifestyles Catch up
- Reminder from AEC
- Resident Email Account
- In Memoriam
- Reception Catch-Up
- Renovation Update Clothing Labels Jindalee app details
- Praise & Complaints Feedback form

3 - 45-6 8-9 10-12 13-14 15 16 17-18 ·19 20 21-22 23 24 25 PAGE 2

A CHAT FROM THE DEPARTING FACILITY MANAGER



DEAR RESIDENTS, FAMILIES AND FRIENDS.

Deb Booth-Departing *Facility Manager*

IT IS WITH A GREAT SENSE OF SADNESS. MIXED WITH SOME OF ANTICIPATION, I AM SAYING MY GOODBYES TO JINDALEE AND ALL THE WONDERFUL RESIDENTS WHO HAVE LIVED HERE. THEIR FAMILIES AND OF COURSE THE STAFF WHO HAVE TIRELESSLY WORKED HERE DURING MY TWO YEARS AS THE FACILITY MANAGER. I AM RETIRING FROM AGED CARE MANAGEMENT AND AFTER ODD YEARS IN MANAGEMENT ROLES IT 20 PICK UP MY OLD SWAG BAG TO IS TIMF HEAD OUT TO NEW EXPERIENCES. AND

A CHAT FROM THE FACILITY MANAGER CON'T

I HAVE TAKEN ON AN EDUCATION ROLE WITH AN RTO TO RUN SOME COURSES FOR JINDALEE STAFF SO WILL STILL BE AROUND JINDALEE FOR 2025 JUST WITH A LESS FORMAL ASSOCIATION.

MY LAST DAY WAS FRIDAY 28TH FEBRUARY 2025 BUT I LEAVE YOU IN VERY GOOD HANDS AS VICKY RUSHFORTH TRANSITIONS INTO THE FACILITY MANAGER ROLE. KATH POLLARD STAYS IN HER ROLE AS DON AND MEL KING TRANSITIONS INTO THE PLACEMENT OFFICER WITH SOME OVERSIGHT STILL OF ACTIVITIES.

I THANK YOU ALL FOR THE WONDERFUL OPPORTUNITY TO TRAVEL THIS JOURNEY WITH YOU AND I WISH YOU ALL THE VERY BRIGHTEST OF TIMES AHEAD.

CHAT WITH THE ACTING FACILITY MANAGER



DEAR RESIDENTS, FAMILY AND FRIENDS

Vicky Rushforth Acting *Facility Manager* I HOPE THIS MESSAGE FINDS YOU WELL.

FOR THOSE I HAVE NOT YET MET, MY NAME IS VICKY RUSHFORTH, ACTING FACILITY MANAGER.

A LITTLE ABOUT ME. I HAVE WORKED IN THE AGED CARE SECTOR FOR 25 YEARS IN DIFFERENT MANAGEMENT CAPACITIES. I AM PARTICULARLY PASSIONATE ABOUT THE RESIDENT JOURNEY IN TO CARE AND CARE PROVISION WITH AN EMPHASIS ON MAINTAINING INDIVIDUAL AUTONOMY. CHOICE AND DECISION MAKING.

CHAT WITH THE ACTING FACILITY MANAGER CON'T

I HAVE BEEN AT JINDALEE FOR THE PAST 2 1/2 YEARS AND I AM EAGER TO CONTINUE BUILDING PARTNERSHIPS WITH THE RESIDENTS AND FAMILIES OF JINDALEE.

OUTSIDE THE OFFICE, I HAVE BEEN MARRIED FOR 37 YEARS, MOTHER TO TWO DAUGHTERS, GRANDMOTHER OF 5. IN MY SPARE TIME I ENJOY SPENDING TIME WITH MY FAMILY AND FRIENDS, HOLIDAYING, AND FISHING.

I WILL MOVE INTO THE FACILITY MANAGER OFFICE IN THE COMING WEEKS HOWEVER IF YOU NEED TO SPEAK WITH ME. PLEASE CALL 6239 6800 OR FEEL FREE TO POP BY AND SAY HI!

> REGARDS, VICKY

JINDALEE HOUSEKEEPING

DEAR FAMILY AND FRIENDS.

TO ENSURE THE SAFETY AND SECURITY OF ALL RESIDENTS AT JINDALEE, WE KINDLY ASK FOR YOUR VIGILANCE WHEN ENTERING AND EXITING THE BUILDING.

PLEASE BE MINDFUL OF THOSE AROUND YOU AND ENSURE THAT THE FRONT DOOR IS SECURELY CLOSED BEHIND YOU.

THANK YOU FOR YOUR ATTENTION TO THIS MATTER.

YOUR COOPERATION IN MAINTAINING A SAFE ENVIRONMENT FOR EVERYONE IS GREATLY APPRECIATED.

STAFF CONTACTS JUST AN UPDATE FOR WHO IS WHO IN THE FACILITY:

VICKY RUSHFORTH IS THE ACTING FACILITY MANAGER WITH AN OVERSIGHT ON THE ADMISSIONS AND SERVICES MANAGER. HER EMAIL IS <u>VICKY.RUSHFORTH@JINDALEE.ORG</u>

CARE MANAGER FOR ACACIA, BANKSIA AND GREVILLEA IS GANGA (ANITA) PAUDEL, HER EMAIL IS <u>GANGA.PAUDEL@JINDALEE.ORG</u>

CARE MANAGER FOR HOYA, FRANGIPANI, CASUARINA AND JARRAH IS SAM BOWDEN. HIS EMAIL IS <u>SAM.BOWDEN@JINDALEE.ORG</u>

GRACE CLAYDEN IS OUR CONTINUOUS IMPROVEMENT MANAGER, IF YOU HAVE FEEDBACK YOU WOULD LIKE TO SHARE, GRACE'S EMAIL IS

<u>GRACE.CLAYDEN@JINDALEE.ORG</u>

PAGE 8

STAFF CONTACTS CON'T

KATH POLLARD IS THE DIRECTOR OF NURSING AND INFECTION CONTROL LEAD AND IS SUPPORTED IN THIS ROLE BY ANITA AND THEY ARE DOING A FANTASTIC JOB AT KEEPING US WELL POSITIONED FOR CLINICAL OUTBREAK MANAGEMENT. KATH IS AVAILABLE ON KATH.POLLARD@JINDALEE.ORG.

MEL KING IS THE LIFESTYLE COORDINATOR AND IS ACTING ADMISSIONS MANAGER. FOR ANY GREAT IDEAS PLEASE EMAIL <u>MELANIE.KING@JINDALEE.ORG</u>

CONTACT FOR CLINICAL STAFF IS <u>RNSANDENS@JINDALEE.ORG</u>

ALL PHONE CALLS COME THROUGH RECEPTION AND ARE DIRECTED TO THE INDIVIDUALS AS REQUESTED.

CONFLAB WITH KATH POLLARD -DIRECTOR OF NURSING

1.<u>INFECTION CONTROL</u> – WINTER IS APPROACHING, AND IT WILL SOON BE TIME FOR THE YEARLY INFLUENZA VACCINATIONS. WE ANTICIPATE THAT THIS WILL BE DONE IN MAY WE WILL SEND OUT A LETTER NEARER THE TIME.

2.<u>COVID VACCINATIONS</u>- I TRACK VACCINATIONS AND INFORM GP WHEN A RESIDENT IS NEXT DUE.

3.<u>SHINGLES AND PNEUMOCOCCAL</u> <u>VACCINATIONS</u>- WE HAVE COMPLETED APPROX. 90% OF THE RESIDENTS THAT HAVE CONSENTED AND WILL CONTINUE VACCINATING AS NEEDED.

CONFLAB WITH KATH POLLARD -DIRECTOR OF NURSING CON'T

THE CARE STATEMENTS WERE INTRODUCED TO THE RESIDENTS AT A MEETING ON 05/03/2025. CONSENT FORMS WILL BE CIRCULATED TO RESIDENTS AND EPOAS ALONG WITH A BLANK CARE STATEMENT FOR INFORMATION. CONSENT FORMS WILL ALSO BE AVAILABLE AT RECEPTION.

IF YOU HAVE ANY QUERIES OR CONCERNS, PLEASE DO NOT HESITATE TO CONTACT ME VIA EMAIL KATH.POLLARD@JINDALEE.ORG.

I WOULD ALSO LIKE TO INFORM YOU THAT I WILL BE ON LEAVE FROM 10/03/2025 RETURNING ON 01/04/2025. IF YOU HAVE ANY QUESTIONS DURING THIS TIME ABOUT CARE STATEMENTS OR OTHER ISSUES PLEASE CONTACT VICKY RUSHFORTH WHO WILL ENSURE THAT YOUR QUESTION/QUERY IS FORWARDED.

PAGE 11

CONFLAB WITH KATH POLLARD -DIRECTOR OF NURSING CON'T

AS AN INFECTION PREVENTION AND CONTROL PRACTITIONER I CONTINUE TO MONITOR INFECTION RATES WITHIN THE AGED CARE SECTOR IN CANBERRA.

UNFORTUNATELY, OUTBREAKS ARE NOW PART OF OUR EVERYDAY LIFE, AND WE TAKE A MEASURED APPROACH IN OUR RESPONSE GUIDED BY ACT HEALTH TO MINIMISE THE IMPACT ON ALL THE RESIDENTS.

JULY IS FAST APPROACHING AND THAT WILL COME WITH A NEW AGED CARE ACT AND NEW ACCREDITATION STANDARDS. AS PART OF THIS WE HAVE SUSPENDED RESIDENT OF THE DAY AND ARE WORKING TOWARDS MONTHLY CARE STATEMENTS.



LIFESTYLE CATCH UP

Mel King Lifestyle coordinator

THE LIFESTYLE TEAM HAD A WONDERFUL TIME CELEBRATING THE RESIDENT, FAMILY AND SPECIAL FRIENDS CHRISTMAS LUNCHES WITH YOU ALL. WE HOPE YOU ALL WALKED AWAY WITH SOME VERY FOND MEMORIES AND FULL BELLIES.

THIS YEAR WE HAVE SOME EXCITING BUS OUTINGS ORGANISED WHICH WILL BE DISCLOSED AT THE BEGINNING OF EACH MONTH WITH THE RELEASE OF THE NEW MONTHLY ACTIVITIES PLANNER, SO KEEP YOUR EYES ON THOSE.

THE LIFESTYLE TEAM WILL HAVE SOME CHANGES AND NEW FACES IN THE COMING MONTHS. I LOOK FORWARD TO INTRODUCING YOU TO THEM AS THEY COME APART OF OUR TEAM.

Mel, Sadi, Bikash, Graeme and Caitlin PAGE 13

LIFESTYLE CATCH UP CON'T I WAS VERY HUMBLED TO BE OFFERED A TRANSITIONAL ACTING ROLE INTO ADMISSIONS.

I WILL STILL REMAIN AS LIFESTYLE COORDINATOR, BUT OVER THE COMING WEEKS I WILL HAVE A LESS ACTIVE ROLE IN ACTIVITY PARTICIPATION AS I LEARN FROM VICKY THE ROLE OF ADMISSIONS.

I LOOK FORWARD TO THE CHALLENGE AND WORKING COHESIVELY WITH VICKY WITH MINIMAL DISRUPTIONS TO ACTIVITIES.

AS THE COOLER MONTHS APPROACH WE WILL HAVE DECREASED BUS OUTINGS. THIS IS FOR THE SAFETY AND WELL BEING OF ALL INVOLVED.

I LOOK FORWARD TO CELEBRATING EASTER WITH YOU NEXT MONTH Mel, Sadi, Bikash, Caitlin and Graeme PAGE 14

UPCOMING FEDERAL ELECTION -REMINDER FROM THE AEC

WITH THE DATE STILL TO BE SET FOR THE UPCOMING FEDERAL ELECTION, RESIDENTS CAN UPDATE THEIR ENROLMENT AT ANY TIME BY VISITING THE WEBSITE AT <u>WWW.AEC.GOV.AU</u>, WHICH IS THE EASIEST AND FASTEST WAY FOR VOTERS TO UPDATE THEIR ENROLMENT DETAILS.

IF YOU ARE UNABLE TO USE THIS ONLINE OPTION, CALL THEAEC ON (02) 51276405 FOR ASSISTANCE.

FURTHER INFORMATION FOR PEOPLE LIVING IN RESIDENTIAL AGED CARE CAN BE FOUND ON THE AEC WEBSITE.

THIS PAGE HAS INFORMATION AND LINKS TO ASSIST FAMILIES AND REPRESENTATIVES OF PEOPLE LIVING IN RESIDENTIAL AGED CARE TO SUPPORT THEIR PARTICIPATION IN THE ELECTORAL SYSTEM.

PAGE 15

RESIDENT EMAIL ACCOUNT -REMINDER

A REMINDER THAT WE HAVE A RESIDENT EMAIL ACCOUNT.

THE ACCOUNT ENABLES RESIDENTS TO EMAIL FAMILY AND FRIENDS, WITH THE HELP OF MYSELF, SADI AND BIKASH, TO SHARE STORIES, PHOTOS AND REMINISCE ON FAVOURITE TIMES.

THE EMAIL WILL BE CHECKED REGULARLY AND IS OPEN TO ALL FAMILY AND FRIENDS WHO WISH TO UTILISE THIS AS AN AVENUE TO TELL STORIES AND SHOW PHOTOS TO THEIR LOVED ONE.

IF YOU WOULD LIKE TO SEND AN EMAIL PLEASE EMAIL TO: <u>RESIDENTS@JINDALEE.ORG</u>

WE LOOK FORWARD TO HELPING SHARE STORIES AND PHOTOS WITH THE RESIDENTS.

Mel, Sadi, Bikash, Caitlin and Graeme PAGE 16

IN MEMORIAM

ON BEHALF OF THE STAFF OF JINDALEE WE REMEMBER AND CELEBRATE THE LIVES OFTHOSE WE LOST OVER DECEMBER TO FEBRUARY:

MR MICHEAL PARK MRS CLARE DEAN MRS PATRICIA ADAMS MRS WENDY BROOKER MRS CONCORDIA SCHULZE MR ROBERT ADLAM MRS JOAN DAVID MR DONALD TYSON MR KENNETH PASCOE MR AIAN NORTH MR DONALD FRASER MR ROBERT CAMPBELL MRS COLLEEN TRANDA MR PETER OLDFIELD MR BRIAN KENNEDY

IN MEMORIAM CON'T

NINA'S GARDEN

"WE GATHER TO REMEMBER THE LITTLE THINGS THAT MADE A SPECIAL PLACE IN OUR HEART.

TO REMEMBER THOSE HAPPY TIMES WHEN WE LAUGHED AND THOSE TIMES WHEN OUR HEARTS BROKE AS ONE.

FOR WHO COULD PUT A PRICE ON MEMORIES?

WE GATHER TO SHARE THE PAIN

TO HURT WHEN YOU HURT WITHOUT PRESUMING THAT OUR PAIN IS THE SAME.

TO CRY WHEN YOU CRY AND NOT TRY TO HIDE OR AVOID OUR TEARS..

FOR TEARS ARE MEMORIES IN MOTION.

WE GATHER TO GIVE THE GIFT OF GRIEF

TO STAND BESIDE YOU IN SILENCE AND NOT BE UNCOMFORTABLE WITH YOUR TEARS.

TO ALLOW YOU THE GIFT OF MOURNING THIS LOSS AND NOT LOSE PATIENCE.

FOR GRIEF IS NATURE'S WAY OF HEALING A BROKENHEART"

PAGE 18

RECEPTION CATCH-UP

IT WOULD BE GREATLY APPRECIATED IF YOU, OR YOUR FAMILY MEMBER COULD CHECK AND UPDATE YOUR CONTACT DETAILS WITH RECEPTION TO ENSURE ACCURATE RECORDS.

IF YOU WOULD PREFER FOR A RESIDENTS PERSONAL MAIL TO BE RE-DIRECTED TO A DIFFERENT ADDRESS PLEASE UPDATE THESE DETAILS WITH RECEPTION.

FOR ALL AMENDMENTS PLEASE EMAIL:

RECEPTION@JINDALEE.ORG

RENOVATION UPDATE

A WING, STAFF ROOM AND GROUNDSKEEPING UPDATE

AFTER SEVERAL MONTHS OF HARD WORK THE WORK DONE TO A NUMBER OF ROOMS IN ACACIA WING IS BEING FINALISED.

IN ADDITION THE RENOVATION OF THE JINDALEE STAFF ROOM IS UNDERWAY WITH COMPLETION DUE IN A COUPLE OF WEEKS.

JINDALEE AGED CARE HAS A NEW GROUNDSKEEPING COMPANY WHO HAVE COMMENCED WORK TO ASSIST THE GREAT WORK DONE BY PETER.

Clothing Labels

Clothing Labels

Jindalee Aged Care Residence launders personal clothing for 130 residents; it is therefore extremely important that all items of clothing are labelled. Jindalee Aged Care Residence provides an onsite labelling service for the cost of \$25 for 20 labels (GST Inclusive) and the cost of purchase can be included on your monthly invoice. Resident not wishing to have their clothes labelled will be required to privately launder their own clothing.

Exceptions

Please note there are items that are unable to be laundered onsite such as: Woollen underlays, woollen jumpers and cardigans, pleated skirts and dresses, coats and jackets.

Additional clothing labels

Additional labels will be required throughout your stay i.e., when you purchase new clothing etc. When required, additional labels can be printed in bundles of 20 and the cost will be itemised to your monthly invoice.

New Label clothing labels

When you purchase new clothing or you notice your clothing does not have a label, please place the items in a plastic bag with your name and room number on the front and ask the staff to take it to the laundry for labelling. The cost of the labels will be included in your monthly invoice.

Clothing Label form on next page



CLOTHING LABEL ORDER FORM

	Date:						
Jindalee Aged Care Residence launders personal clothing for 130 residents; it is therefore extremely important that all items of clothing are labelled. Jindalee Aged Care Residence provides an onsite labelling service for the cost of <u>\$25 for 20 labels</u> (<u>GST Inclusive</u>), the cost of purchasing the labels will be included on your monthly invoice.							
Resident not wishing to have their clothes labelled will be required to privately launder their own clothing.							
Exceptions Please note there are items that are unable to be laundered onsite such as: Woollen underlays, woollen jumpers and cardigans, pleated skirts and dresses, coats and jackets.							
Additional clothing labels Additional labels will be required throughout your stay e.g. when you purchase new clothing. When required, additional labels will be printed in bundles of 20 and the cost will be itemised on your monthly invoice.							
I agree to the initial purchase oflabels							
(Minimum 20 labels) and authorise Jindalee Aged Care Residence, until further notice in							
writing, to print additional labels as required at a cost of <u>\$25 for 20 labels</u> and to have the cost							
recharged to my monthly account.							
Name of Resident or Resident's representative							
	Date	_//					
Signature: Dat	e:						
Signature: Dat	e:						
Completed form to be given to Admissions and Services Manager							
	all items of clothing are laborated in generative for the cost of \$2 l be included on your monther that the included on your monther the included on your monther that are unable to be laund digans, pleated skirts and drect the skirts and drect the skirts and the skirts are sk	dence launders personal clothing for 130 residents; it is all items of clothing are labelled. Jindalee Aged Car ing service for the cost of \$25 for 20 labels (GST Inch 1 be included on your monthly invoice. have their clothes labelled will be required to privately as that are unable to be laundered onsite such as: Woo digans, pleated skirts and dresses, coats and jackets. els required throughout your stay e.g. when you purchase al labels will be printed in bundles of 20 and the cost v agree to the initial purchase of ad authorise Jindalee Aged Care Residence, until f al labels as required at a cost of \$25 for 20 labels and v account. Date Date Signature: Date:					

Jindalee app



Jindalee has an app that will keep you up to date with the latest Jindalee information, showcase any planned activities, highlight services provided at Jindalee and you can also view posts of pictures and videos of activities taking place.

The Jindalee app can be downloaded from both the Apple and Android app stores – phones and tablet devices are suitable. To access the app, go to your device's app store and type 'Jindalee' and look for the Jindalee logo to install. Download the app to your device.

Then send an e mail to melanie.king@jindalee.org

- Full name
- Relative at Jindalee
- Email address
- Phone number

You will be added to the system as a user and will receive a temporary password on either your mobile phone or email provided. You can change your password if you wish when you first login to the app. Use your email or mobile number and password to access the app and you're underway!

On the app home page, you will find useful information or important Jindalee news and tabs for services and lifestyle news and events. Also In the top right hand corner there is an alert menu to inform you when important information has been added to the app.

If you have any issues with accessing the app, or experience glitches, please feel free to call or email me and I will assist you.

We look forward to seeing you on the app! Regards

Mel King (Lifestyles Coordinator)



Feedback, praise & complaints by Residents or Relatives

At Jindalee Aged Care Residence, we aim to provide the highest quality of care to our residents. To assist us to continually improve our service, we welcome feedback from residents and their relatives. Praise and concerns can be informal or formal, and anonymous if that is your desire.

Feedback impacting Residents will be raised at the Residents' Care Committee Meeting for discussion.

Most issues can be dealt with informally. If you have an issue please ask to speak to the person in charge of the wing. The issue may easily be dealt with in a simple conversation.

Jindalee has Feedback Forms, available at reception, enabling a more formal method of offering praise or concern. There is an option of remaining anonymous however we can not provide a personal reply if we do not know who is raising the concern.

Once a Feedback Form has been completed, it can be placed in the Feedback box in the foyer or posted to Jindalee Aged Care Residence, Attention: Quality and Service Manager.

The Facility Manager, Quality and Services Manager or a delegate will review all Feedback forms. They will investigate the cause of the concern, consider the opportunities for Continuous Improvement and take appropriate action to rectify any issues. If the Feedback form has not been submitted anonymously, feedback will be provided to the complainant.



Australian Government Aged Care Quality and Safety Commission



PAGE 24



Phone 1800 951 822



Web agedcarequality.gov.au

Write Aged Care Quality and Safety Commission GPO Box 9819, In Your Capital City



Free Advocacy Line **1800 700 600**

Supporting you to understand and exercise your aged care rights

OPAN can help. Call us today.

OPAN MAN

		Praise	Feedback Comment		Jindalee Aged Care Re	sidence
Comme	ent from: (please circle)			Staff Other		
*	Put your name on the	e form if you	want feedback			
*	Give the form to the I	RN / EEN or	n duty to be pla	ce it in the FM/CM	I tray in reception	
Area:	Nursing	Kitchen	Laundry	Maintenan	ce Other	
Comme	ent:					
				10		
Nome	f norcon providing food	lhack (antia		Wing	: Data:	
(If you v	f person providing feed vish to know any outco	me, you mu	st supply your i	name.)	Date	
Action ta	aken (FM / CM/ CCMs)	:			_	
Name:_		Signatu	ıre:	C	ate:	
	ent from other service h					
			,	,		
If name	was supplied, has feed	hack been	given? Ves	No. Not supplie		
Any our	er comments / feedbac	k / tonow up				
					-	
	f FM/ CM/ Delegate:					
	nts and families can n ve the paper-based Fe			•	•	
	To access the	new online	feedback form	please use the l	ink below:	
						_

https://jindalee.csassurance.com/contracts/new? contract_template=6&token=fEYM3h2sYez9z3VSeYVi